



Frozen Food AIR FRYER COOKING CHART

TEMP TIME (MIN.)

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APPETIZER

Frozen Pizza Rolls380°F 7	Hot Pockets390°F 13
Frozen Taquitos400°F 7	Frozen Egg Rolls350°F 11 then
Frozen Spring Rolls360°F 5 then	400°F 3
400°F 2			

BREAKFAST

Frozen Mini-Quiche350°F 15-20	Hash Browns370°F 15
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ENTREE

Frozen Corn Dogs390°F 8-10	Frozen Chicken Nuggets390°F 12
Frozen Chicken Fries390°F 8	Frozen Chicken Tenders390°F 12
Frozen Mini Corn Dogs390°F 8	Frozen Chicken Strips390°F 12
Frozen Fajita400°F 7	Frozen Pizza400°F 10-15
Frozen Sausage400°F 5-10	Frozen Chicken Breast350°F 10 flip
Frozen Bacon Wrapped Turkey Filet370°F 25	(Small)		10 more rest 5 before cutting
Frozen Chicken Breast (Large)350°F 15 flip 15 more Rest 5 before cutting	Meatballs (1-inch)380°F 7

ENTREE

Frozen Corn Dogs390°F 8-10	Meatballs (3-inch)380°F 10
Frozen Chicken Fries390°F 8	Ribeye, bone in (1-inch, 8 oz.)400°F 10-15
Frozen Mini Corn Dogs390°F 8	Sirloin steaks (1-inch, 12 oz.)400°F 9-14

Timings may vary according to your brand and how crispy you want your food